

Yom Kippur

September 20-21, 2026

Yom Kippur is the holiest day in Judaism. People reflect and seek renewal.

This is a sacred time for self-reflection, forgiveness, and spiritual restoration, respected by Jewish communities worldwide.



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Mid-Autumn Festival

September 25, 2026

This festival is celebrated across many East and Southeast Asian cultures. Families gather under the full moon, share mooncakes, and give thanks for togetherness. It is a meaningful moment to honour cultural traditions and the unity they inspire.



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Orange Shirt Day



September 30, 2026

This day honours Indigenous children who were forced to attend residential schools. Many never returned home. It is a chance for all of us to listen, learn from residential school survivors, and show respect for the histories and rights of First Nations, Inuit, and Métis Peoples.



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National Disability Employment Awareness Month October

National Disability Employment Awareness Month (NDEAM) is an opportunity to recognize and celebrate the talent, innovation, and contributions of people with disabilities in the workplace. It invites us to deepen our understanding of accessibility and inclusion by reflecting on barriers that still exist and the actions we can take to remove them. Through learning, listening, and meaningful dialogue, NDEAM encourages us to build workplaces where everyone feels included, valued, and supported to reach their full potential.



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World Mental Health Day

October 10, 2026

Mental health is about how we cope with life. This day reminds us to offer support, reduce stigma, and promote understanding. It encourages open, empathetic conversations about mental well-being for everyone, regardless of differences.



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Diwali

November 8, 2026

Diwali, the festival of lights, is celebrated by people of many faiths, especially Hindus, Sikhs, Jains, and others. Homes glow with small clay lamps called diyas, families share sweet treats, and communities celebrate hope and renewal. It honours the victory of light over darkness.



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Transgender Awareness Week & Transgender Day of Remembrance

November 13-20, 2026

Transgender Awareness Week is observed annually from November 13-19 and leads up to the Transgender Day of Remembrance on November 20. This week aims to increase awareness, visibility and knowledge of trans people and the issues faced by members of trans communities. It is also an opportunity to celebrate the lives of trans and nonbinary people and the contributions they have made and continue to make.



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International Day for Persons with Disabilities

December 3, 2026

International Day of Persons with Disabilities raises awareness about the diverse lived experiences of people with disabilities and the importance of building a more accessible world. It reminds us that disability inclusion means designing spaces, communities, systems, policies, and processes that are accessible and inclusive for everyone.



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February

Black History Month celebrates the achievements, culture, and resilience of Black communities in Canada. It is a time to learn about history, honour contributions, and commit to justice that lasts all year.



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Lunar New Year

February 6, 2027

Lunar New Year is a major holiday in Chinese, Korean, Vietnamese, and other East Asian cultures. Families welcome the new year with traditions, special foods, cleaning, and gatherings.

It marks a fresh start rooted in heritage, family, and cultural values that cross generations.



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