



Ramadan

**From Friday, February 28, 2025
to Saturday, March 29, 2025**

Ramadan is a sacred month for Muslims worldwide, observed from Friday, February 28, 2025 to Saturday, March 29, 2025.

It emphasizes spiritual renewal, family connection, and compassion. Fasting, or sawm, one of Islam's five pillars, involves abstaining from food and drink from sunrise to sunset, fostering gratitude, discipline, and generosity.

Each day begins with Sahūr (pre-dawn meal) and ends with Iftar (meal to break the fast), often shared with loved ones. Ramadan concludes with Eid-al-Fitr, a celebration anticipated around March 29. Embracing unity and compassion, Ramadan highlights the values of faith, charity, and shared humanity.

